

VINODINI MESS MENU - A

Mon - Fri (07:30 AM to 09:30 AM) Sat & Sun (08:00 AM to 10:00 AM)

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|
| 1 | Poha | Vada | Dal cheela | Idli | Chhole Kulche | Aloo paratha | Masala dosa |
| 2 | Namkeen | Sambar | Omelet | Sambar | Onion | Curd | Sambar |
| 3 | Nimbu & Onion | Coconut chutney | Green Chutney | Coconut Chutney | Lemon | Achar | Coconut Chutney |
| 4 | Milk | Milk | Milk | Milk | Milk | Milk | Milk |
| 5 | Tea & Coffee | Tea & Coffee | Tea & Coffee | Tea & Coffee | Tea & Coffee | Tea/Coffee | Tea & Coffee |
| 6 | Bread + Butter + Jam | Bread + Butter + Jam | Bread + Butter + Jam | Bread + Butter + Jam | Bread + Butter + Jam | Bread + Butter + Jam | Bread + Butter + Jam |

Mon - Fri (12:00 PM to 02:00 AM) Sat & Sun (12:30 PM to 02:30 AM))

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---------------|----------------|------------------|-----------------|---------------|-----------------|-----------------|
| 1 | Kaddu kairi | Shahi paneer | Curry pakora | Chola curry | Aloo palak | Bhindi masala | Mutter paneer |
| 2 | Rajma | Dal Makhani | Mix Dal | Mix Dal | Mix Dal | Mix Dal | Moong Dal |
| 3 | Butter Roti | Butter Roti | Butter Roti | Butter Roti | Butter Roti | Butter Roti | Butter Roti |
| 4 | Rice | Rice | Jeera Rice | Namkeen Pulao | Rice | Rice | Namkeen Pulao |
| 5 | Salad | Salad | Salad | Salad | Salad | Salad | Achar & Lemon |
| 7 | Achar & Lemon | Achar & Lemon | Achar & Lemon | Achar & Lemon | Achar & Lemon | Achar & Lemon | Ice Cream |
| 8 | Boondi Raita | Dahi | Fruit Raita | Dahi | Boondi Raita | Dahi | Vegetable Raita |

Snacks - 05:30 pm - 06.30 pm

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|--------------------|----------------|------------------|-----------------|---------------|-----------------|-----------------|
| 1 | Fried idli | Veg Sandwich | Bread Pakora | Chowmeen | Pyaz kachori | Maggie | Oreo / Good Day |
| 2 | Green/Imli Chutney | Kissan sauce | Kissan Sause | Kissan Sause | Ketchup | Kissan Sauce | Namkeen |
| 3 | Tea/Coffee | Tea/Coffee | Tea/Coffee | Tea/Coffee | Tea/Coffee | Tea/Coffee | Tea/Coffee |

Dinner - 7:30 pm - 9:30 pm

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---------------|----------------------|------------------|------------------|--------------------------|-----------------|---------------|
| 1 | Patta Gobhi | Aloo pyaz jhol sabji | Mix Veg | Aloo Pyaz Masala | Egg curry / Kadai Panner | Cholle | Ghiya chana |
| 2 | Mix Dal | Black Chana | Mix Dal Makhani | moong dal | Arhar Dal | Bhature | Mix Dal |
| 3 | Rice | Rice | Rice | Rice | Rice | Rice | Rice |
| 4 | Butter Roti | Butter Roti | Butter Roti | Butter Roti | Butter Roti | Butter Roti | Butter Roti |
| 5 | Salad | Salad | Salad | Salad | Salad | Salad | Salad |
| 7 | Banana Shake | Kheer | Suji Halwa | Gulab Jamun | Lemon | Fruit Custard | Achar |

Special Dinner (Once in a Month)

Vikas Sharma (Mess Secretary)

Raman (Mess Joint Secretary)

Dal Batti Churma / Masala Batti + Chach Fry + Rice + Salad OR

Panner Masala + Dal Makhani + Tandoori Roti + Missi Roti + Pulao + MilkCake + Salad

Dr. Ashish Kumar Tripathi (Warden Mess)

Dr. Deepak Ranjan (Warden)

Dr. Virender Saran (Warden)

VINODINI MESS MENU - B

Mon - Fri (07:30 AM to 09:30 AM) Sat & Sun (08:00 AM to 10:00 AM)

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|
| 1 | Poha | Vada | Dal cheela | Idli | Chhole Kulche | Aloo paratha | Masala dosa |
| 2 | Namkeen | Sambar | Omelet | Sambar | Onion | Curd | Sambar |
| 3 | Nimbu & Onion | Coconut chutney | Green Chutney | Coconut Chutney | Lemon | Achar | Coconut Chutney |
| 4 | Milk | Milk | Milk | Milk | Milk | Milk | Milk |
| 5 | Tea & Coffee | Tea & Coffee | Tea & Coffee | Tea & Coffee | Tea & Coffee | Tea/Coffee | Tea & Coffee |
| 6 | Bread + Butter + Jam | Bread + Butter + Jam | Bread + Butter + Jam | Bread + Butter + Jam | Bread + Butter + Jam | Bread + Butter + Jam | Bread + Butter + Jam |
| 7 | Apple | Naspati | Banana | Orange | Apple | Guava | Banana |

Mon - Fri (12:00 PM to 02:00 AM) Sat & Sun (12:30 PM to 02:30 AM)

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---------------|----------------|------------------|-----------------|---------------|-----------------|-----------------|
| 1 | Kaddu kairi | Shahi paneer | Curry pakora | Chola curry | Aloo palak | Bhindi masala | Mutter paneer |
| 2 | Rajma | Dal Makhani | Mix Dal | Mix Dal | Mix Dal | Mix Dal | Moong Dal |
| 3 | Butter Roti | Butter Roti | Butter Roti | Butter Roti | Butter Roti | Butter Roti | Butter Roti |
| 4 | Rice | Rice | Jeera Rice | Namkeen Pulao | Rice | Rice | Namkeen Pulao |
| 5 | Salad | Salad | Salad | Salad | Salad | Salad | Achar & Lemon |
| 7 | Achar & Lemon | Achar & Lemon | Achar & Lemon | Achar & Lemon | Achar & Lemon | Achar & Lemon | Ice Cream |
| 8 | Boondi Raita | Dahi | Fruit Raita | Dahi | Boondi Raita | Dahi | Vegetable Raita |

Snacks - 05:30 pm - 06.30 pm

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|--------------------|----------------|------------------|-----------------|---------------|-----------------|-----------------|
| 1 | Fried idli | Veg Sandwich | Bread Pakora | Chowmeen | Pyaz kachori | Maggie | Oreo / Good Day |
| 2 | Green/Imli Chutney | Kissan sauce | Kissan Sause | Kissan Sause | Ketchup | Kissan Sauce | Namkeen |
| 3 | Tea/Coffee | Tea/Coffee | Tea/Coffee | Tea/Coffee | Tea/Coffee | Tea/Coffee | Tea/Coffee |

Dinner - 7:30 pm - 9:30 pm

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---------------|----------------------|------------------|------------------|--------------------------|-----------------|---------------|
| 1 | Patta Gobhi | Aloo pyaz jhol sabji | Mix Veg | Aloo Pyaz Masala | Egg curry / Kadai Pannel | Cholle | Ghiya chana |
| 2 | Mix Dal | Black Chana | Mix Dal Makhani | moong dal | Arhar Dal | Bhature | Mix Dal |
| 3 | Rice | Rice | Rice | Rice | Rice | Rice | Rice |
| 4 | Butter Roti | Butter Roti | Butter Roti | Butter Roti | Butter Roti | Butter Roti | Butter Roti |
| 5 | Salad | Salad | Salad | Salad | Salad | Salad | Salad |
| 7 | Banana Shake | Kheer | Suji Halwa | Gulab Jamun | Lemon | Fruit Custard | Achar |

Special Dinner (Once in a Month)

Dal Batti Churma / Masala Batti + Chach Fry + Rice + Salad OR

Panner Masala + Dal Makhani + Tandoori Roti + Missi Roti + Pulao + MilkCake + Salad

Vikas Sharma (Mess Secretary)

Raman (Mess Joint Secre

Dr. Ashish Kumar Tripathi (Warden Mess) Dr. Deepak Ranjan (Warden) Dr. Virender Saran (Warden)

VINODINI MESS MENU - C

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| 3 | Nimbu & Onion | Coconut chutney | Green Chutney | Coconut Chutney | Lemon | Achar | Coconut Chutney |
| 4 | Milk | Milk | Milk | Milk | Milk | Milk | Milk |
| 5 | Tea & Coffee | Tea & Coffee | Tea & Coffee | Tea & Coffee | Tea & Coffee | Tea/Coffee | Tea & Coffee |
| 6 | Bread + Butter + Jam | Bread + Butter + Jam | Bread + Butter + Jam | Bread + Butter + Jam | Bread + Butter + Jam | Bread + Butter + Jam | Bread + Butter + Jam |
| 7 | Apple | Naspati | Banana | Orange | Apple | Guava | Banana |

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| 1 | Kaddu kairi | Shahi paneer | Curry pakora | Chola curry | Aloo palak | Bhindi masala | Mutter paneer |
| 2 | Rajma | Dal Makhani | Mix Dal | Mix Dal | Mix Dal | Mix Dal | Moong Dal |
| 3 | Butter Roti | Butter Roti | Butter Roti | Butter Roti | Butter Roti | Butter Roti | Butter Roti |
| 4 | Rice | Rice | Jeera Rice | Namkeen Pulao | Rice | Rice | Namkeen Pulao |
| 5 | Salad | Salad | Salad | Salad | Salad | Salad | Achar & Lemon |
| 7 | Achar & Lemon | Achar & Lemon | Achar & Lemon | Achar & Lemon | Achar & Lemon | Achar & Lemon | Ice Cream |
| 8 | Boondi Raita | Dahi | Fruit Raita | Dahi | Boondi Raita | Dahi | Vegetable Raita |

Snacks - 05:30 pm - 06.30 pm

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|--------------------|-----------------|------------------|-----------------|---------------|-------------------|-----------------|
| 1 | Fried idli | Veg Sandwich | Bread Pakora | Chowmeen | Pyaz kachori | Maggie | Oreo / Good Day |
| 2 | Green/Imli Chutney | Kissan sauce | Kissan Sause | Kissan Sause | Ketchup | Kissan Sauce | Namkeen |
| 3 | Tea/Coffee | Tea/Coffee | Tea/Coffee | Tea/Coffee | Tea/Coffee | Tea/Coffee | Tea/Coffee |
| 4 | Banana Shake | Chocolate Shake | Strawberry Shake | Almond Shake | Vanilla Shake | Mixed Berry Shake | Nutella Shake |

Dinner - 7:30 pm - 9:30 pm

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|---|---------------|----------------------|------------------|------------------|-------------------------|-----------------|---------------|
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| 2 | Mix Dal | Black Chana | Mix Dal Makhani | moong dal | Arhar Dal | Bhature | Mix Dal |
| 3 | Rice | Rice | Rice | Rice | Rice | Rice | Rice |
| 4 | Butter Roti | Butter Roti | Butter Roti | Butter Roti | Butter Roti | Butter Roti | Butter Roti |
| 5 | Salad | Salad | Salad | Salad | Salad | Salad | Salad |
| 7 | Banana Shake | Kheer | Suji Halwa | Gulab Jamun | Lemon | Fruit Custard | Achar |

Special Dinner (Once in a Month)

Vikas Sharma (Mess Secretary)

Raman (Mess Joint Secretary)

Dal Batti Churma / Masala Batti + Chach Fry + Rice + Salad OR

Panner Masala + Dal Makhani + Tandoori Roti + Missi Roti + Pulao + MilkCake + Salad

Dr. Ashish Kumar Tripathi (Warden Mess) Dr. Deepak Ranjan (Warden) Dr. Virender Saran (Warden)