

# मालवीय राष्ट्रीय प्रौद्योगिकी संस्थान जयपुर (राष्ट्रीय महत्व का संस्थान)

## Malaviya National Institute of Technology Jaipur

## **Cancer Awareness Talk**



#### About:

The Wellness Club, DSW Office at Malaviya National Institute of Technology Jaipur, in collaboration with Lions Club, Jaipur, organized a Cancer Awareness Talk on November 13, 2024. This event was held at Malaviya Sabhagar, MNIT Jaipur, from 4:00 PM to 6:00 PM. The talk was led by Dr. Dinesh Gupta, Senior Consultant Oncosurgeon at Shalby Multispeciality Hospital, Jaipur. The session delved into the harmful effects of tobacco, the causes of cancer, and preventive measures. This initiative was undertaken in compliance with the Ministry of Education's directives on Tobacco-Free Educational Institutions (ToFEI). The event was conducted under the guidance of Dr Vikas Kumar Sangal, Associate Dean, Discipline, Dr Ritika Mahajan, Coordinator Wellness and Ms Kiran Rathore from the staff who looks after wellness activities at DSW. Mr Sunil Beotra extended his relentless support to organize the event on behalf of the Lions Club. Mr Sunil Beotra and Mr Anil Bafna from the Lions Club graced the occasion. The goal was to raise awareness among students, faculty, and staff about the dangers of tobacco use and the importance of cancer prevention.

#### **Resource Person:**

**Dr. Dinesh Gupta** is a seasoned oncologist with over two decades of surgical experience. He specializes in radical oncosurgeries and organ-preserving cancer surgeries. Dr. Gupta earned his DNB in Surgical Oncology from BMCHRC, Jaipur, in 2011. Before that, he completed his MS in General Surgery from RNT Medical College, Udaipur, in 2004, and his MBBS from PGIMS, Rohtak, in 1999. Throughout his career, he has held positions at esteemed institutions including Bhagwan Mahaveer Cancer Hospital and Research Centre, Jaipur; Jindal Institute of Medical Sciences, Hisar, Haryana; Manipal Hospital, Jaipur; Apex Hospitals, Jaipur; and Narayana Multi-Speciality Hospital, Jaipur. Currently, Dr. Gupta serves as a Senior Consultant Oncosurgeon at Shalby Multispeciality Hospital in Vaishali Nagar, Jaipur.





### **Sessions Highlights:**

Presentation and guidance: The session commenced with an informative presentation highlighting World No Tobacco Day. The speech delved into the alarming statistics of tobacco consumption, the dangers of secondhand smoke, and the sobering reality that "Just one cigarette can claim a life daily."

Practical practice: Following the presentation, participants gained a comprehensive understanding of the grave consequences of tobacco consumption, effective cancer prevention strategies, available treatment options, and the numerous benefits associated with quitting smoking.

## **Learning outcomes:**

The "Cancer Awareness Talk" session had a profound impact -

- Participants gained a deeper understanding of the risks associated with tobacco use.
- Participants learned about effective strategies to prevent cancer and other tobacco-related diseases.
- Participants were inspired to quit smoking and adopt healthier lifestyle choices.
- Participants were empowered to advocate for tobacco control measures and promote public health.



